I can accept failure, everyone fails at so But I can't accept not trying - Michael Jordan

## <u>Intent</u>

In our teaching of PE at Warren Wood Primary School we strive to deliver high quality PE lessons which offer many opportunities for children to develop their fundamental skills in a range of sports. Physical activity has a big impact on children's physical, mental and emotional wellbeing which can help Woodies to develop a healthy lifestyle. We have an experienced team who aim to deliver high quality PE lessons which engage and encourage children to participate.

PE enables Woodies to develop their resilience and determination through a range of fun games and individual sport skills. Throughout the journey at Warren Wood the children will understand the skills, rules and develop their knowledge of tactics within a variety of diverse and inclusive sports. Woodies have the opportunity to showcase their skills through sport competitions. These opportunities allow them to work collaboratively with their peers whilst developing their positive friendships and team spirit. Woodies represent our school displaying to other schools what skills it takes to be part of the 'Woodies Family'. We are all proud to be part of this family.

Woodies are given the experience to be courageous and brave when trying new challenges and skills in PE. It allows them to be independent whilst also working in a team. Each sport can be so different which can help to build any individual with confidence and a strong motivation to succeed in something they can do. During our lunchtimes and after school clubs, Woodies are encouraged to participate in a range of fun and varied activities. After school clubs offer opportunities for Woodies to excel in a particular sport they enjoy and support any talent they may demonstrate.

Utilising all of these skills that can be developed during our enriched PE curriculum, they can be transferable into the classroom. This skills can be built on through the Woodies' journey and be skills for life.

## **Implementation**

- PE will be taught to all pupils form Nursery to Year 6. They will be taught outdoor PE once a week by Mr Cooke and Mr Machin from JWC Coaching. The class teachers will also deliver one hour a week of indoor PE which is either Gymnastics, Dance or Pilates.
- In the Autumn term Year 5 will attend a weekly swimming lesson in line with government guidelines. It is a requirement that at the end of Key Stage 2 that the children can swim a distance and be able to perform a safe self-rescue.
- In the Spring Term and Summer Term Year 4 will attend a weekly swimming lesson in line with government guidelines.
- 6.25% of the curriculum is allocated to the teaching of PE set out by national guidance. This equates to 80 hours per year for EYFS, KS1 and KS2.
- The teaching of PE will follow the Get Set 4 PE Scheme where pupils will be taught a skills in a two sports each half term. The skills are shown in progression of skills grids.
- Lessons are planned to ensure that units of work are inclusive and accessible to all where at all possible. Challenge is also provided for children who are more able.
- Skills progression grids have been created to ensure that skills are covered in a comprehensive and progressive manner. These grids supplement planning.
- Planning ensures pupils opportunities to revisit and practise any skills, this can then prepare children for their next steps. Teacher will use their own judgement when to progress each skill further.
- Assessment in this subject will be carried out by the class teacher for Gymnastics and Dance using the assessment tracker on Get Set 4 PE. Teacher will teach the skills to the class and assessment will show whether the each can or can't do the skill and also identify those that excel at the skill.
- Mr Cooke will assess the children in a range of outdoor sports. He will teach the skill and utilise this skills in a game set up. This can identify those children who can perform the skill confidently. Mr Cooke will use the assessment tracker on Get Set 4 PE.

## <u>Impact</u>

At Warren Wood the children receive 2 hours of high quality teaching of PE. Mr Cooke and his team of specialists deliver outdoor PE lessons covering a range of sports and skills. Teaching staff follow 'Get set 4 PE' for Gymnastics and use 'IMoves' for Dance and Pilates. Our staff are more confident in teaching PE and Sport by using the GetSet4PE scheme and combining this with IMoves. Using these resources enable the staff to have some flexibility in their teaching to deliver different styles of Dance and develop skills in Gymnastics. We have carefully sequenced the curriculum and through wider experiences, we offered a broader range of sports and activities to our children.

Across the academic year there has been a variety of whole school enrichment activities that the children have enjoyed. They have had the many opportunities to try a new sport or physical activity that they may not have done before. These activities encourage the children to enjoy physical activity in a fun and energetic way whilst developing children's resilience and provide a challenge to try something new.

We tie our learning together with golden threads at Warren Wood to help the children to contextualise their learning. The golden threads in PE are as follows: Healthy Active Lives, Collaboration, Personal Development and Sportsmanship. These golden threads are important to develop a healthy growth mind set in each children and developing their skills of independence and resilience.