



The Warren Wood Progression of Skills Model



PE Skills Expected by the End of Year Two	
Dance	Gymnastics
<ul style="list-style-type: none">Copy, remember and repeat a series of actions.Select from a wider range of actions in relation to a stimulus.Show a character through actions, dynamics and expression.Use pathways, levels, shapes, directions, speeds and timing with guidance.Use mirroring and unison when completing actions with a partner.Show a character through actions, dynamics and expression.Use counts with help to stay in time with the music.	<ul style="list-style-type: none">Perform balances on different body parts with some control and balance.Take body weight on different body parts, with and without apparatus.Show increased awareness of extension and flexibility in actions.Copy, remember, repeat and plan linking simple actions with some control and technique.
Games	Athletics
<ul style="list-style-type: none">Dribble a ball with two hands on the move.Dribble a ball with some success, stopping it when required.Throw and roll towards a target using varying techniques with some success.Show balance when kicking towards a target.Catch an object passed to them, with and without a bounce.Move to track a ball and stop it using feet with limited success.Strike a ball using a racket.Run, stop and change direction with balance and control.Move to space to help score goals or limit others scoring.Use simple tactics.	<ul style="list-style-type: none">Show balance and co-ordination when running at different speeds.Link running and jumping movements with some control and balance.Show hopping and jumping movements with some balance and control.Change technique to throw for distance.Show control and balance when travelling at different speeds.Demonstrates balance and co-ordination when changing direction.Perform actions with increased control when co-ordinating their body with and without equipment.
OAA	Swimming
<ul style="list-style-type: none">Follow instructions accurately.Work co-operatively with a partner and a small group, taking turns and listening to each other.	



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- Try different ideas to solve a task.
- Follow and create a simple diagram/map.
- Understand when a challenge is solved successfully and begin to suggest simple ways to improve.