

teens

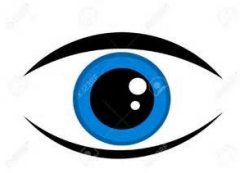


Resource pack

How do I start a conversation?



Walk into a new place



Make eye contact with someone



Smile at them



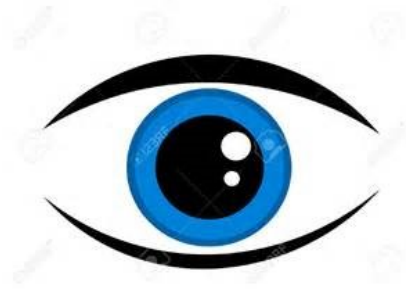
Walk over



**Introduce yourself.
“Hi, I’m...” and use a
conversation starter**

Conversation Check list

- Eye contact



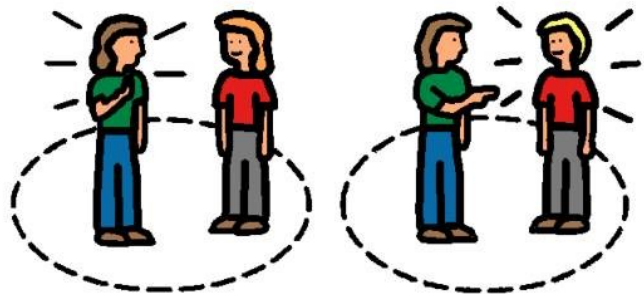
- Asking questions



- Listening

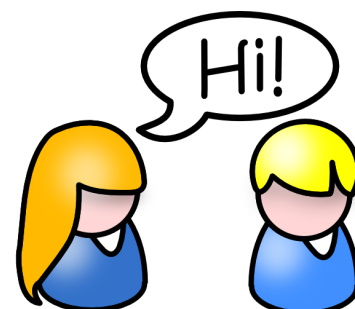


- Taking turns



Let's roleplay...

Meeting new people



A: Hi!

B: Hi!

A: nice to meet you. My name is

B: Hi mate, I'm

A: cool. Do you live around here?

B: yeah, just up the road. Where do you live?

A: Me too, I live near Hazel grove High.

B: awesome, my sister goes there.

A: oh that's cool, where do you go?

B: I go to Stockport school, what about you?

A: I go to the Academy. It's pretty fun there!

B. yeah I like mine too.

A: I have to go now. It was nice to meet you!

B: you too! Bye!

Let's roleplay...

Ordering food

A: Hi, can I order some food please?

B: Yes, what would you like?

A: Please can I have a burger and chips?

B: Yes, would you like a drink?

A: Diet coke please.

B: Okay, that's £6.49 please.

A: (hand over the money)

B: Thank you. Here's your food.

A: Thank you.



Let's roleplay...

Ordering a pizza

A: Hi, please can I order a pizza?

B: For collection or delivery?

A: for delivery please

B: Okay, what size pizza would you like?

A: a cheese and tomato family sized pizza please

B: would you like deep pan or thin base?

A:

B: Any additional toppings?

A:

B: what is the address?

A:

B: Thank you for your order, that will be £10.70 and will be with you in 20 minutes.

A: Thanks!

B: bye

A: bye.



Let's roleplay...

Taking a message

A: Answer phone and say “Hi”

B: hello is your mum there?

A: No sorry, she is out, would you like to leave a message?

B: yes please. Can you tell her that Mary rang and that she has booked a table at Pizza Express next Saturday for 4 people at 8pm

A: yes of course. She should be back around 5pm so I'll let her know

B: thanks, bye.

A: bye.



Let's roleplay...

Booking a table

B: Hello, Pizza Express, how may I help?

A: hello, I'd like to book a table

B: what day?

A:

B: what time?

A:

B: for how many people?

A:

B: please can I take your contact details?

A: yes it's (name) on (telephone number)

B: great, see you on at

A: thanks, bye.





Let's roleplay...

Making a Doctors appointment

Do you need to see a doctor today?
Is it urgent? Are you in severe pain?

Yes

No

Ask for an emergency
appointment

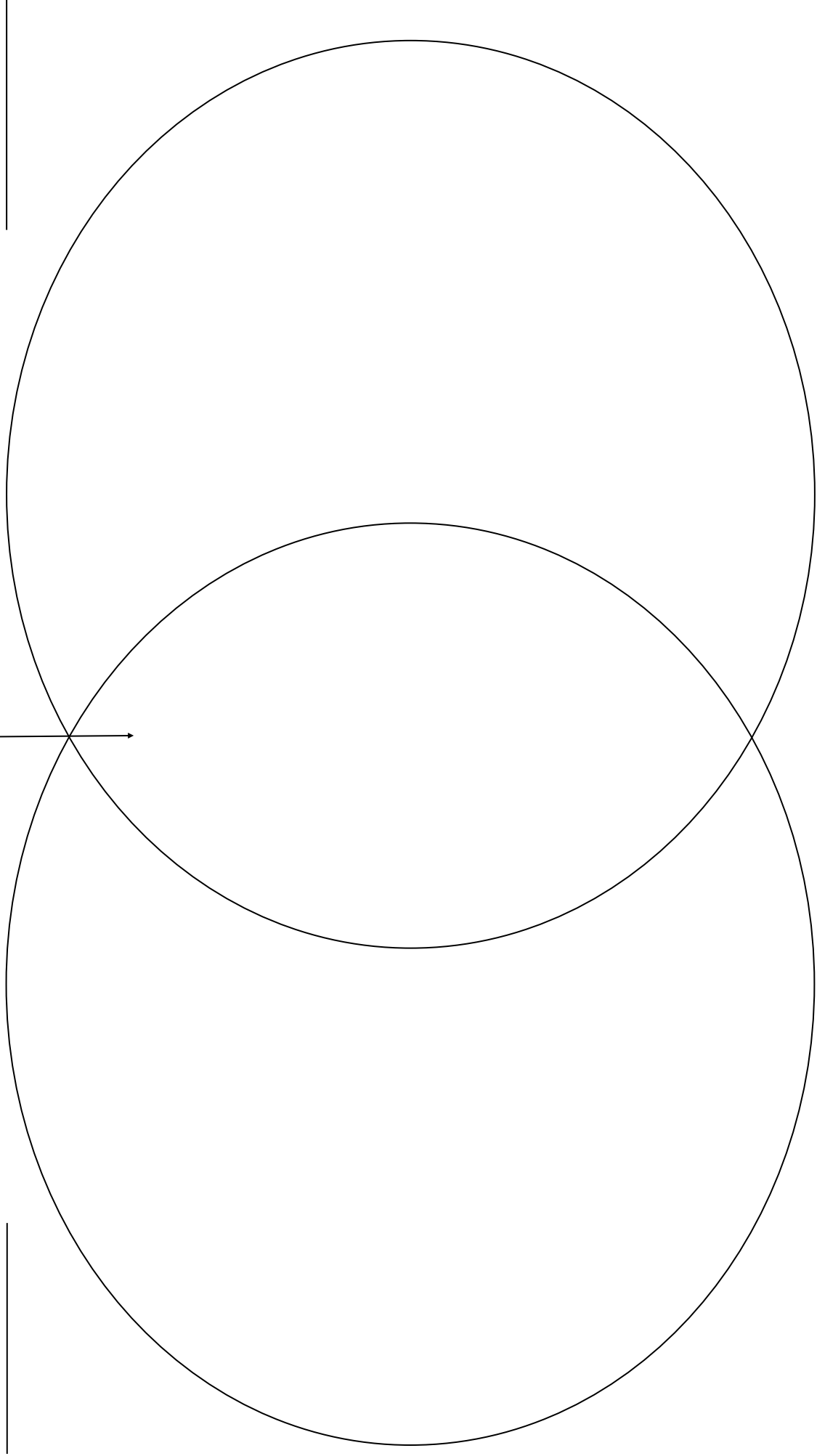
Ask for the next
available
appointment

The receptionist may ask you what the problem is. If you don't want to tell them, say it's personal and private.

Tip: *have a pen and paper ready to write down your appointment time and date. Set a reminder in your phone if that works for you.*



Shared interests



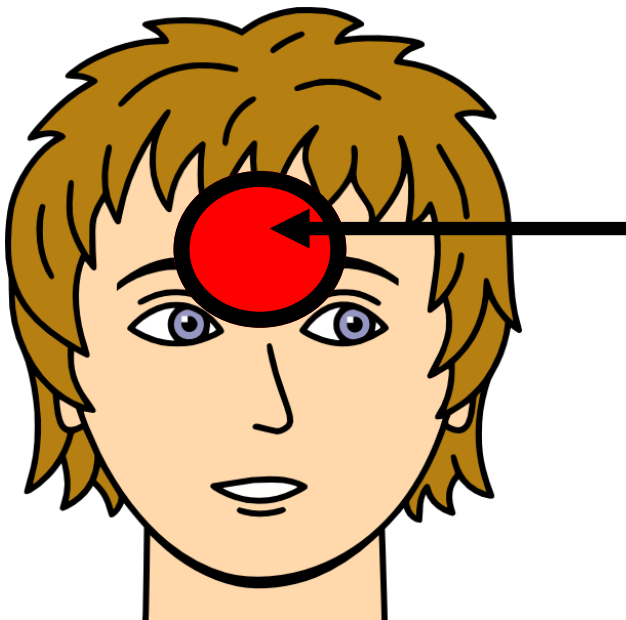
Eye contact

Some people find eye contact really hard.

Do you? Don't worry, that's okay!

However, we should try to give people eye contact when we are talking to them. Otherwise, we may seem *uninterested* or *bored*.

Here's a little trick you can practice with your parent/carer:



Look **in between** eyes or just **above** someone's eyes on their **forehead**.
(anywhere in the red circle)

This will LOOK like you're giving someone eye-contact, without making you feel uncomfortable.

Don't believe us?

Try it for yourself!

**What games
do you like?**

**What subject
do you like?**

**What are your
hobbies and
interests?**

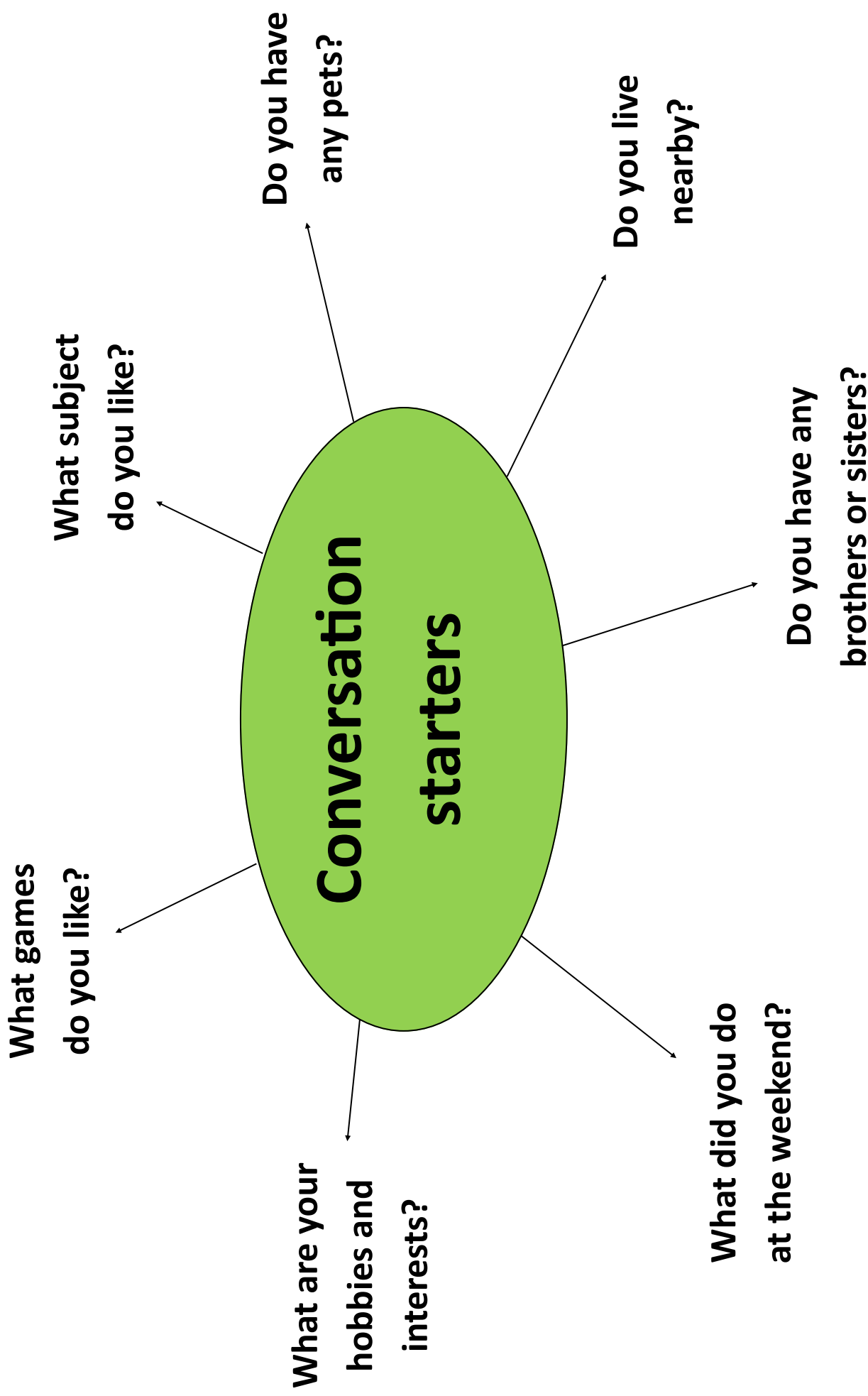
**Do you have
any pets?**

Conversation starters

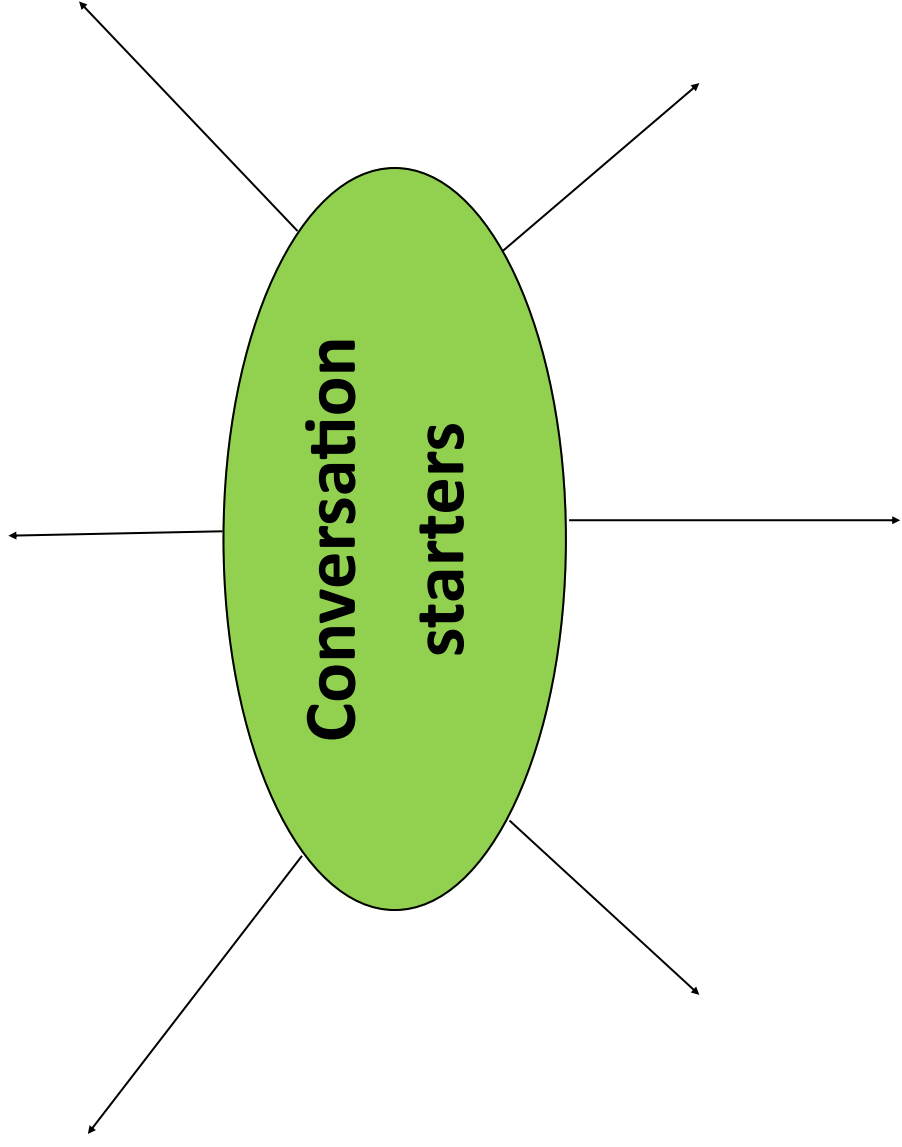
**Do you live
nearby?**

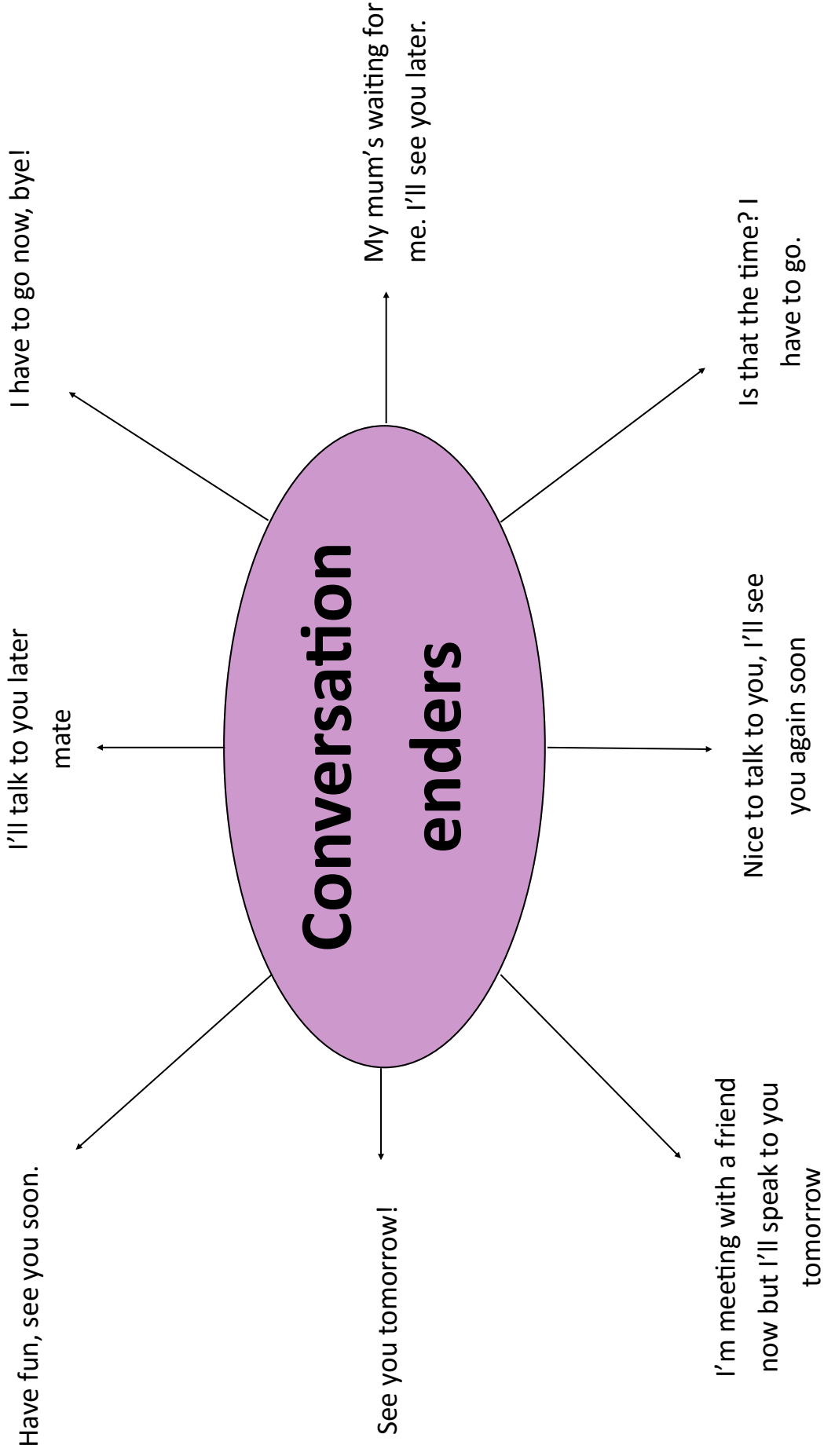
**What did you do
at the weekend?**

**Do you have any
brothers or sisters?**

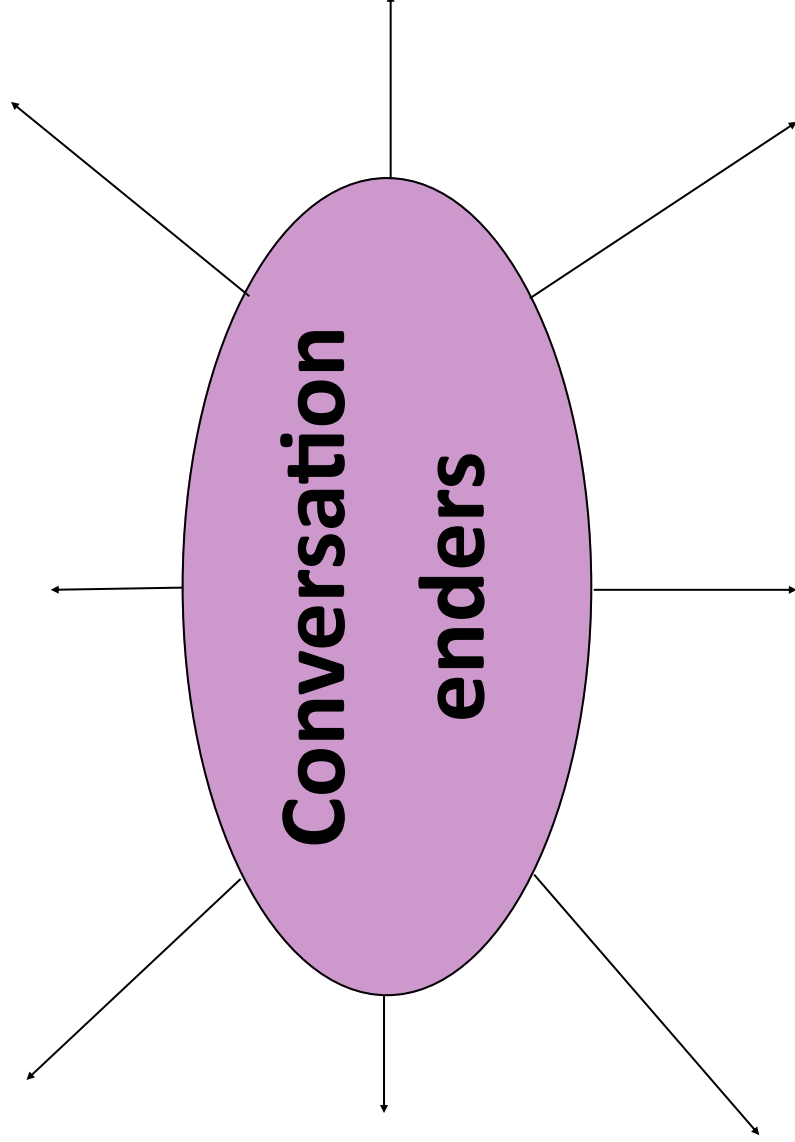


Now try and think of some for yourself!





Now, it's your time to think of some conversation enders...



Sometimes, we can tell from people's **body language** that they want to end the conversation.

Below are some things people might do if they want to stop talking:



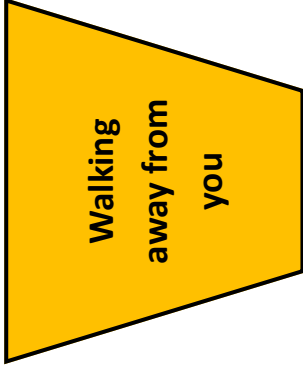
Looking at their
watch



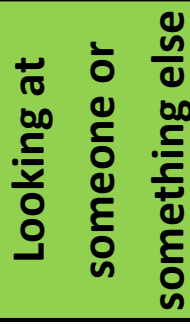
Turning their body
away from you



Not
asking any
questions



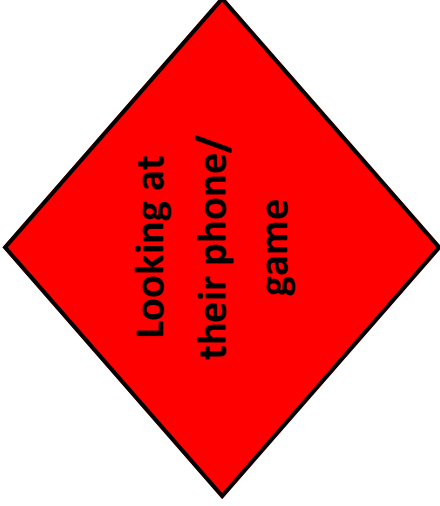
Walking
away from
you



Looking at
someone or
something else



Yawning



Looking at
their phone/
game

Questions

When we are having a conversation, we ask the other person *questions* to keep the conversation going.

Asking questions shows that we are *interested* in the other person. It is the right thing to do.

Example 1

Person A: I really enjoy going to swimming lessons

When do you go?

Why do you like it?

How do you get there?

Who do you go with?

What do you do there?

Where is the swimming pool?

Example 2

Person A: I am going on holiday

When do you go?

Why are you going?

How are you getting there?

Who are you going with?

What activities are you going to do there?

Where are you going?



Questions



Finish off the questions below:

Practise 1

Person A: I watched a film last night

When

Why

How

Who

What

Where

Practise 2

Person A: I have a date later

When

Why

How

Who

What

Where

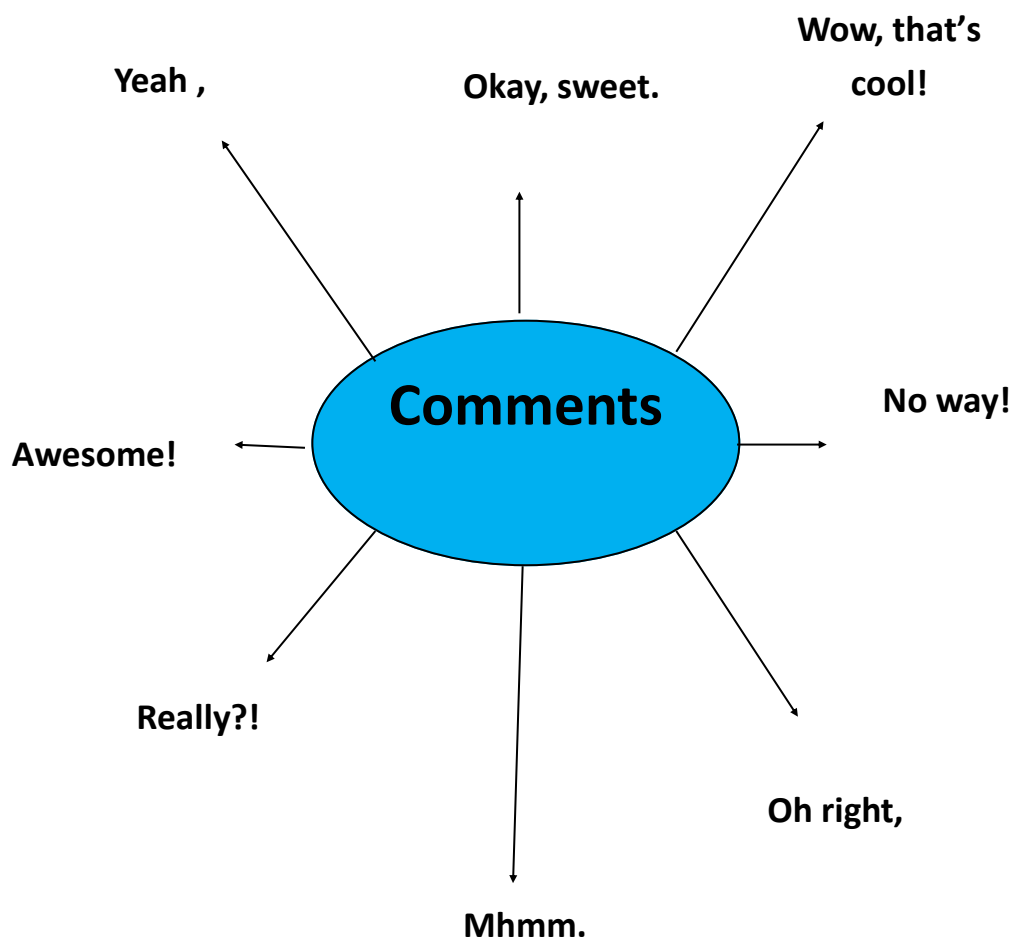
Comments

When we are having a conversation, we use something called comments to show our partner that we're listening and that we understand what they're saying.

What's a good comment?

- It needs to be relevant
- Sometimes we can just use noises or words like 'oh' and 'mmm'
- They should show that we understand how they're feeling,

Here are a few examples of comments:



Comments

Match the sentences to the correct comments. The first one has been done for you:

<p>The other day I was walking through the park and this dog ran up to me and bit my leg—it really hurt.</p>	<p>Yes I should think so</p>
<p>I am very happy because next week I am going on holiday with my family</p>	<p>Oh!</p>
<p>I was wondering if it is OK to ask my friend to help me with some work—I am really struggling with it and I know she could help</p>	<p>Oh no! Poor you!</p>
<p>I was watching a really interesting programme last night on the television—it was all about Africa</p>	<p>I'm so sorry</p>
<p>I am feeling very low today—my cat died at the weekend and I am very upset about it</p>	<p>Oh, how interesting!</p>
<p>When I went shopping yesterday, I saw a lovely coat that I think I am going to buy</p>	<p>How exciting!</p>

Commenting:



Let's practise.

Last night my parents bought me a brand new Xbox!

You:

I have a detention after school today.

You:

I think our new teacher is really friendly—she helped me today at school when I had no one to play with

You:

I got a new rabbit yesterday!

You:

The weather is so bad today—my parents' car got stuck in the snow! And its so cold!

You:

What comes next?

<p>Friend: My birthday is tomorrow!</p> <p>You: _____</p> <p>_____</p> <p>_____</p>	<p>Friend: My family just got a dog!</p> <p>You: _____</p> <p>_____</p> <p>_____</p>
<p>Friend: I'm nervous about the spelling test today.</p> <p>You: _____</p> <p>_____</p> <p>_____</p>	<p>Friend: what's your favourite game?</p> <p>You: _____</p> <p>_____</p> <p>_____</p>
<p>Friend: your hair is really cool!</p> <p>You: _____</p> <p>_____</p> <p>_____</p>	<p>Friend: I'm sorry I bumped into you by mistake.</p> <p>You: _____</p> <p>_____</p> <p>_____</p>
<p>Friend: I don't have anyone to play with in the playground.</p> <p>You: _____</p> <p>_____</p> <p>_____</p>	<p>Friend: I got full marks on the test today!</p> <p>You: _____</p> <p>_____</p> <p>_____</p>